

LYFE Group

STRATEGIC PRAYER FOCUS

Each of you in the group is to identify two or three whom you feel led to pray for their salvation. List the names of all those identified in the group on each card so that all of you pray for each of the lost souls weekly. It is recommended that you keep this card in your Bible as a book mark for your daily reading so that each time you open your Bible you are reminded to pray for these souls.

1. Lord, I pray that You draw _____ to Yourself (John 6:44).
2. I pray that _____ will seek to know You (Acts 17:27).
3. I pray that _____ will hear and believe the Word of God for what it really is (1 Thess. 2:13).
4. I ask You, Lord, to prevent Satan from blinding _____ to the truth (2 Cor. 4:4; 2 Tim. 2:25-26).
5. Holy Spirit, I ask You to convict _____ of sin and the need for Christ's redemption (John 16:7-14).
6. I ask that You send someone who will share the gospel with _____ (Matthew 9:37-38).
7. I also ask that You give me the opportunity, the courage and the right words to share with _____ (Colossians 4:3-6).
8. Lord, I pray that _____ will turn from sin and follow Christ (Acts 17:30-31; 1 Thess. 1:9-10).
9. Lord, I pray that _____ will put all of his/her trust in Christ (John 1:12; 5:24).
10. Lord, I pray that _____ will confess Christ as Lord, grow in faith and bear fruit for your glory (Romans 10:9-10; Colossians 2:6-7; Luke 8:15).

"Brethren, my heart's desire and my prayer for them is for their salvation." Romans 10:1

LYFE (LIVE YOUR FAITH EVERYDAY) GROUP



FIRST BAPTIST CHURCH
NEW ALBANY

THERE ARE ONLY THREE TASKS TO BE ACCOMPLISHED IN A LYFE GROUP. THEY ARE...

1. **SIN IS CONFESSED IN MUTUAL ACCOUNTABILITY.** Christians need one another (Hebrews 10:24-25). There is strength in relationships that are built around supporting one another. The first thing the LYFE Group does together is ask each other Character Conversation Questions listed on the attached card. The meetings start here because it is easy to lose time talking about other things. It is also helpful to begin with the confession of sin which tends to sanctify the rest of the meeting. The questions are straight forward. Each person takes turns answering the same question. The group must be a safe place to be honest in. The confession of sin prepares the soil of people's hearts for the word of God being read each week.
2. **SCRIPTURE IS READ REPETITIVELY**– The power of this system is in the unleashing of God's word in the lives of people. Jesus made it clear that the word of God is the seed of new life (Luke 8:11, 15). To expect lives to be changed and bear fruit without first planting the seed is foolish and disappointment will result.
Each group decides on a book of the Bible they will read that week. The goal is to create an internal appetite for the rich word of God, so a larger volume of scripture is desired. It is recommended that one strive to have 25 to 30 chapters of reading each week as a goal. Sample reading exercises would be as follows...If the group selects a smaller book such as Ephesians or Jonah, the group should read it five times in a week. A moderate sized book, such as Romans or 1 Corinthians can be read twice in a week. A lengthy book, such as Acts or Proverbs can be read once in its entirety in a week.
When the group comes together the next week they ask one another if the reading was completed. If any one person was unable to finish the reading that week then the whole does the same reading again for the next week. This is not a bad thing! Reading entire books in repetition, in context and in community will yield rich rewards!
This is one good reason to challenge each other with a larger volume of reading which will likely not be completed each and every week. Thirty chapters tends to take about four weeks for a typical group to finish reading together at the same time and move on to another. Once all complete the reading in the same week they choose the next book to read together. A group can decide together what the next book will be or alternate who chooses the book each time.
3. **SOULS ARE PRAYED FOR SPECIFICALLY AND REGULARLY**– The LYFE Group card (left), which functions as a Bible bookmark, has the Character Conversation Questions printed on one side and the Strategic Prayer Focus printed on the other. This is to remind each in the group to pray specifically for each of the people named on the card as they read their Bibles throughout the week.
Each member of the LYFE Group is to identify two or three people whom the Lord lays on their hearts that need Jesus. The names of these people are then written down on the card of every member of the group. Each person in the group prays throughout the week for those on the list. It is best to choose one name from the list each day and pray for them. There is a strategic prayer guide included to assist the process. Those who begin to seek Christ become perfect candidates for the next LYFE Group and multiplication of the group can occur naturally and spontaneously and in a way that the whole group can rejoice in together.

WHAT IS A LYFE GROUP?

A LYFE (Living Your Faith Everyday) Group is simply a way to release the most essential elements of a vital spiritual walk to people who need Jesus to change their lives from the inside out. It is a tool for growth which encourages and supports people to follow Christ by fueling internal motivation rather than applying external pressures and ploys. This tool empowers every follower of Jesus to accomplish the uncommon work of reproducing spiritual disciples who can in turn reproduce others.

Here is a simple overview of what LYFE Group is:

- ◆ LYFE Groups meet once a week for approximately one hour.
- ◆ LYFE Groups are groups of three (the addition of a fourth person is the beginning of the second group and multiplication is in motion).
- ◆ The groups are not co-ed, but gender specific.
- ◆ There is no leader needed in the group.
- ◆ Only three tasks are to be accomplished in a LYFE Group:
 1. Sin is confessed in mutual accountability.
 2. Scripture is read repetitively in context and in community.
 3. Souls are prayed for strategically, specifically and continuously.

WHO SHOULD BE IN AN LYFE Group?

There are only two suggested qualifications for starting or joining a LYFE Group:

1. A desperate need for Jesus Christ (Luke 5:29-32).
2. Faithfulness in the process itself (2 Timothy 2:2).

These two criteria balance one another to keep the group on track both with healing for hurting people and health for helping people. To compromise either of these principles will slow down or derail the effectiveness of the group.



To help us track our multiplication process, if you enter into a LYFE Group, would you have one member of your LYFE Group to email us at fbcnewalbany@att.net so that we can trace our progress and possibly make new connections in the future. Thank you!

LYFE GROUPS

Character Conversation Questions

These questions are to be asked of one another in a weekly meeting of accountability and transparency (Proverbs 27:17). They are to stimulate conversations of character and confession of sin in a safe environment which values honesty, vulnerability, confidentiality, and grace.

1. What sin did you fight this week? How have you repented this week?
2. How has your life changed as a result of hearing from the Lord and reading His Word this week?
3. Who can you serve this week in a selfless and sacrificial way?
4. How can your LYFE Group challenge or encourage you this week?
5. What did you fear, love or value more than Jesus this week?
6. How can you show the words, actions or love of Christ to someone this week? Who is it?
7. Who will you share the gospel with this week?
8. How can your LYFE Group pray for God's specific will to be accomplished in your life this week?
9. Did you hold back anything from the Lord this week? If so, how will you now respond in obedience?
10. Did you finish the reading and hear from God? What are you going to do about it?
11. Have you been completely honest with me?

"Therefore, confess your sins to one another, and pray for one another, so that you may be healed."

James 5:16